



PRESTONWOOD

— ON THE PARK —

NEIGHBORHOOD ASSOCIATION



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Neighbors Make Impact on the Frontlines



Brad Cutrell, MD, Infectious Disease Specialist at UTSW Clements University Hospital and Parkland Hospital

Brad and his wife, Crystal, have lived in the neighborhood more than six years. They have two kids, Levi, 9, and Isaiah, 7. Brad has played a critical role during the pandemic and has even been interviewed by national news media for his expertise.

What role have you played during the pandemic?

I have been treating patients with COVID-19 and enrolling patients in clinical trials for new treatments. I have also been involved in local and national efforts to communicate about the virus and to identify the most effective treatments available.

What can neighbors do to help in the face of the uncertainty?

We greatly appreciate the encouragement and prayers of our neighbors and community as well as their support and kindness to our family during this time.

What brings you hope in this season of life?

Our greatest hope in this time comes from our faith in Jesus and the wonderful community of family, friends, and neighbors who have joined together during this pandemic because we are stronger when we encourage and look out for each other, especially those who are most in need in our cities and community.



Rubina Mammen, Physician's Assistant at Methodist Dallas Medical Center

Rubina is a super mom, who lives with her husband, Stephen, and three small children, Annelise, 6, Elias, 3, and Isaiah, 18 months, on Fernmeadow Circle. Twice a month, she dons her scrubs and serves patients in the ER for Methodist Dallas Medical Center.

What is it like working in the ER during the pandemic?

I've worked in the ER for 10 years, and we have never experienced anything of this magnitude before. There is obviously a sense of fear at times - of the unknown, of the risk to us and our families and of the virus itself. However, in times of crisis, what I feel most is a sense of comradery. Our ER family pulls together, and we lift each other up. We put our fears behind us and do what's necessary for our patients. I'm so proud that I get the privilege to work with the best team.

How do you stay encouraged during this time?

I cling to my faith - lots of prayers and scripture from the Bible to work through any anxiety I may be feeling. My family, friends and this community have surrounded me with the most encouraging words and acts of kindness - truly a blessing.

Any advice for your fellow neighbors?

My advice is to keep doing what you're doing! Take precautions as necessary and keep checking on and loving on your family, friends and neighbors. I feel so fortunate to be a part of this community that has made this situation somewhat bearable. From all

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the fun and safe activities for the kids to all the neighborly love we've experienced - there's no other community I'd rather be in a pandemic with!



Stephanie Zarse, RN, BSN, PCCN at Baylor Medical Center

When Stephanie Zarse and her husband, Scott, Captain for the Dallas Fire Department, moved into the neighborhood, everyone instantly felt safer. This first responder duo lives on Town Bluff with their three children: Maddison, 6, Emily, 4, and Cooper, 2. Stephanie is a loving, hard-

working wife and mother. When it is time to head into her shift at the hospital, she uses that same spirit of care and determination to serve her patients.

How has the pandemic changed your job as a nurse?

Recently, my job has started to look a little more normal as the hospital has resumed cardiac surgeries, but for the last couple of months it has changed in a lot of ways. Once a week I have worked on one of the Covid units at Baylor. Nursing on a covid unit is full of challenges. In an effort to reduce exposure and conserve supplies, nurses are the only ones going into the patient's room to care for them. In addition to our normal nursing roles, we are also the ones bathing them, changing their linen, helping to feed them, taking out the trash, helping them talk to the doctors through an iPad and anything else they might need. It has definitely given me a new appreciation for the teamwork that normally goes into taking care of our patients and for the usual hustle and bustle of working on a cardiac progressive care unit.

What do you do to lift your spirits during this time?

I have found it to be really helpful to get outside as much as possible. On days I'm off, the kids and I try to go on some sort of bike, run or scooter walk twice a day if possible. It feels good to be outside enjoying this spring weather and get to wave and say hi to friends as we pass by. I also pray in the mornings as I head into the hospital for strength, a good attitude and energy to get me through the day.

Have you seen any silver linings in this season?

I would say after a few weeks of adjusting to our new normal, it has been fun having more family time. We definitely have our rough days, but I love letting the kids run around playing all of their imaginative games and having more time to do family game nights.



Joe Joseph, Healthcare Strategic Communications Consultant

Joe is the owner of JRJ Consulting, where he has spent the last eleven years working with various healthcare clients as a communications consultant and project manager. Currently, his largest project is serving as a consulting member of Baylor

Scott & White's High Consequence Infectious Disease team. He lives on Town Bluff Drive, with his wife Stephanie, and their two daughters: Aly, 6, and Georgia, 3.

What have been some of the greatest challenges in your job during this time?

Keeping up with the constant changes in guidance, processes and practice and getting that information out to all the different audiences. Also, there are a lot of misconceptions and fear out

there that are preventing some people from getting care they need because they are scared to go to a hospital or clinic. We are working to keep everyone safe from not only Covid-19, but all diseases and illnesses.

What gives you hope?

While we still have a long way to go, there has been a lot of progress made on effectively managing these cases in a record amount of time.

How have you and your family managed the new normal?

My wife manages the at-home learning for our kids to allow me more time to focus on my work with Baylor. We spend a lot more time outside and Disney+ always saves a bad day.

Fabio-lous Yards Inspire Smiles and Giggles



Fabio has become a popular new resident at the Morrison's home on Tophill Lane. At the Reilly's house on Leameadow, you never know what you will see. A 6ft flamingo stands next to a life-sized nutcracker one day. A leprechaun and a zombie could share the yard on the next. A giant spider spills out of a Christmas tree next to a snowman on the Bruzzone's front yard on Winterwood.

Thanks to the ingenuity, effort and wit of a few neighborhood families, walks and bike rides have become an entertaining experience. And there have been no shortage of walkers and riders this spring due to the beautiful weather and increased homebound time.

When Kate Morrison noticed the life-sized, cardboard replica placed with bulk trash, she rescued him. Since then, Fabio has been comfortably displayed from her front window with a daily message for passers-by. From encouraging others to stay safe to remarking on the weather, Fabio's antics have inspired many a smile and social media post. Fabio even received his first piece of fan mail recently.

The Reillys and Bruzzones have kept the holiday medley rotating with contrasting combinations of inflatables and decorations. "People look so confused when they pass by, but the kids love it," said Kaelin Bruzzone.

With somber news reports and the constant state of uncertainty, the extra dose of neighborhood cheer is a welcome sight.



Welcome the Newest Pet Residents of POPNA



(Photo credit: Liz B Photography)

Meet Sampson Wilkins, a chocolate lab puppy belonging to the Wilkins family, living on Lacehaven circle. Connor, 7, and Reed Wilkins, 5, weigh in on their family's new puppy.

"Our first dog, Hunter, was a lab too. He died last spring and we really miss him. We wanted another dog just like him. Mommy says we have plenty of time to love him now and we help feed him, take him outside to potty and play with him. He's super fun. He's got lots of energy and loves to play tag and fetch. He's got sharp teeth and eats everything! Like computer cords and weeds and blankets and school papers," said Connor.

"He's always happy to see me and I like to give him hugs and cuddle him. He has sharp claws and teeth, but I still like to wrestle with him. Daddy's the one who has to wake up early with him in the mornings, I just get to have fun with him," said Reed.



This is Mazda McLean, a mixed-breed rescue dog, thought to be a shar-pei and terrier mix. She was rescued from a hoarding case and is still a little wary of her new home on Hillwood Lane, but she is loving the McLean children and sleeps with them every night.

"We had lost our last dog 2.5 years ago right before our daughter was born," said Kate McLean. "We had wanted another dog but with two small children, lots of travel, and demanding jobs it never felt like the right time. Now we are both at home for quite a while. It seemed like the perfect time. We love having a dog companion again and seeing her with the kids is the best part. Instead of a duo, they are definitely now a trio!"



The Claytons have a new puppy! Lulu is a German Shepherd. Max, 10, and Savannah, 8, were ready for a new puppy after having lost a dear family pet this past winter. "Our hearts were full of love, and we needed to share some of that with a new puppy," said Danielle Clayton.



Say "hello" to Simon Pierce, a mixed breed stray cat with Siamese features that just appeared on the Pierces' front porch on Tophill Lane. Simon has become a new member of the Pierce household, where there is no shortage of love and affection from the three Pierce girls, Violet, 6, Hazel, 4, and Olive, 3.

Arapaho Park Campaign Update

- Thanks to our generous neighbors, we have raised nearly \$62,000 for an Arapaho Park remodel!
- The City of Dallas will match these funds and whatever else is raised. They are looking to break ground on the new park by the end of the year.
- The deadline to raise funds to be matched by the city is September 2020.
- Donations are still be taken via www.arapahopark.com.
- We are looking for community and corporate donors! If you know of anyone who may be helpful in this area, please contact president@popna.org.



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Updated in Prestonwood!
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7817 Chattington
Updated in Spring Creek!
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If you know someone buying, selling, or investing in real estate, I would be honored to have a referral from you.

Yard of the Month



Congratulations to Kari Rainey at 7248 Roundrock Rd. for winning our April Calloway's Yard of the Month!



Congratulations to Kevin and Nancy Perry at 7239 Winterwood Lane for winning our May Calloway's Yard of the Month!

Each month a new yard is chosen, and the winner is presented with a decorative yard sign for display. A photo is posted on POPNA's website, Facebook page and newsletter. Winners receive a \$25 credit from Calloway's. To nominate a winner, email Katee Brennan at Brennan.katee@gmail.com. Check out Calloway's gardening tips on our Facebook group and POPNA.org.

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Time Dated

Ice Cream Truck

VISITS JUNE 12

Mark your calendar for the POPNA sponsored ice cream truck visit on June 12 from 4- 6 pm. The annual ice cream social will be re-imagined, allowing for social distancing. Stay tuned for more information as the date approaches.





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